

1 CHEST

**TARGET: Neck bands and chest wrinkles** "Botox injected into the platysma muscle [it connects the chest to the neck and jaw] relaxes movement, smoothing out the area," dermatologist David Bank tells *Us*. (Cost: \$550 to \$1,500 per treatment. Lasts three to six months, [botoxcosmetic.com](http://botoxcosmetic.com).) Fear needles? Try a peptide-packed cream to fill lines over time.

**TARGET: Hyperpigmentation** "The Fraxel laser blasts freckles," says Bank. (Cost: \$1,200 for a treatment that lasts one to five years, [fraxel.com](http://fraxel.com).) At home, treat spots with a glycolic acid-containing fade cream.



StriVectin Neck Cream has soy extract, said to firm skin, plus peptides. (\$90, Macy's)

2 BIKINI LINE

**TARGET: Hair** "Pain-Free, Hair-Free is a new laser that delivers heat to only the hair follicle so it doesn't burn the skin around it or hurt like past lasers do," says plastic surgeon Harry Haramis. "Plus, it can be used on all skin colors." (Cost: \$200 per treatment. Three to five are recommended. Results are permanent, [painlesshairfree.com](http://painlesshairfree.com).) For immediate gratification — with temporary results — try a depilatory cream.



Veet Sensitive Formula Spray-On Hair Removal Cream banishes hair for two weeks. (\$9, drugstores)

3 HANDS

**TARGET: Sun spots** "Fraxel laser removes brown pigment," says dermatologist Patricia Wexler. (Cost: \$750 per treatment, with three sessions recommended. Lasts one to five years, depending on subsequent sun exposure, [fraxel.com](http://fraxel.com).) At home, use a lightening cream.

**TARGET: Thin skin** "Radiesse, a volumizing filler, can be injected," says Bank. (Cost: \$1,000 to \$1,500 per treatment. Lasts six to 12 months, [radiesse.com](http://radiesse.com).)



Kiehl's Highly Efficient Skintone Corrector fades brown spots with glycolic acid. (\$50, [kiehls.com](http://kiehls.com))

4 ABS

**TARGET: Flabby midsection** The Accent laser delivers heat to subsurface skin, stimulating collagen growth. "New collagen fibers are shorter, not stretched out like older ones. Skin gets tighter, for a tauter look," says dermatologist David Goldberg. (Cost: \$750 to \$1,000 per treatment. Six to eight sessions are needed. Results last a year, [accentyourbody.com](http://accentyourbody.com).) To create the look of firmer abs almost instantly, apply a firming self-tanning cream and blend well.



Jergens Natural Glow Firming Daily Moisturizer has skin-tightening collagen, plus a subtle self-tanner. (\$9, [walgreens.com](http://walgreens.com))

5 BUTT & THIGHS

**TARGET: Cellulite** To temporarily improve dimpling, "SmoothShapes uses a combination of rollers to stimulate circulation and heat to spur collagen growth, smoothing ripples," says Wexler. (Cost: \$250 per treatment with eight to 10 sessions needed. Results last six months, [smoothshapes.com](http://smoothshapes.com).) Treat trouble spots at home with a circulation-stimulating serum.

**TARGET: Stretch marks** The excimer laser triggers stretch marks to produce pigment, masking grooves. (Cost: \$200 to \$400 per treatment, with 10 sessions needed. Results last two years, [photomedex.com](http://photomedex.com).) At home, try a retinol cream.



Weleda Birch Cellulite Oil has birch extracts to rev up circulation. (\$22, [usa.welada.com](http://usa.welada.com))

**MIRANDA KERR**  
The Victoria's Secret model and gal pal of Orlando Bloom smooths her skin with Naturally Victoria's Secret Restorative Body Polish in Blackberry & Tonka Bean. (\$20, [victoriasecret.com](http://victoriasecret.com))

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